

Lis Allen
Life Coach

2 February 2010-02-04

Dear Lis,

I feel it is about time I wrote you this testimonial to thank you from the bottom of my heart for making me a non smoker. I have now, not smoked for 13 months and this is all down to your magical skills.

I had smoked for nearly 18 years and was not in a position to want to give up. But your calm professional approach and understanding made me realise that the grass is greener on the other side and I have not looked back since.

Once again thank you very much from myself and my family for making me a healthier person.

Kind Regards

Damon Theobald